



MEDICO®

LIFE AND HEALTH INSURANCE COMPANY

P.O. Box 10386

Des Moines, IA 50306-0386

Toll Free 1-800-228-6080

CHANGE FORM - VGL

Employee's Name _____ Certificate Number _____

Employer's Name _____ Group Number _____

Social Security Number _____ Date of Birth _____

Current Address _____
Street/PO Box _____ City _____ State _____ Zip Code _____

Phone Number _____
Home _____ Work _____

Cancel VGL policy as of* _____
Month _____ Year _____

I am authorizing MLHIC to cancel my policy. I have notified my payroll department to stop deductions.

Signature of Employee _____ Date _____

Address Change
Insured Name _____
New Address _____
Street/PO Box _____ City _____ State _____ Zip Code _____

Signature of Insured _____ Date _____

Drop Family Coverage - Switch to single coverage**
Signature of Employee _____ Date _____

Marriage Date _____
Name Change from _____ to _____
Complete VGL Application to make any benefit changes.

Signature of Insured _____ Date _____

Divorce Date _____
Name Change from _____ to _____

I no longer wish coverage on my spouse and dependents. Request single coverage only.
Spouse Name _____ Date of Birth _____

I no longer wish coverage on my spouse but continue coverage on my children. Premiums will remain the same.
Spouse Name _____ Date of Birth _____

Signature of Insured _____ Date _____

Send application to convert to spouse for coverage continuation: ***

Address: _____

Mail completed form to:
Medico Life and Health Insurance Company
PO Box 10386
Des Moines, IA 50306-0386

Conversion option is available for 31 days after termination.
**Cancellation date cannot be retroactive. Change must be made for future date. (Example: Cancellation requested 1/20/10. Policy will be cancelled 2/1/10).*
***Children ineligible*
*** *Previous spouse can only continue coverage by converting.*